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Revised October 2013
COUNSELING PSYCHOLOGY: AN ORIENTATION

In the 4th edition of The Handbook of Counseling Psychology, Brown and Lent (2008) repeated the definition of the specialty developed by the Division of Counseling Psychology in 1985, "Counseling psychologists utilize scientific approaches in their development of solutions to the variety of human problems resulting from interactions of intrapersonal, interpersonal, and environmental forces. Counseling psychologists conduct research, apply interventions, and evaluate services in order to stimulate personal and group development, and prevent and remedy developmental, educational, emotional, health, organizational, social, and/or vocational problems." (p. 21). The field of counseling psychology has been significantly influenced by the following factors: vocational-guidance, mental health, psychometrics, a non-medical approach to counseling, and the social/economic climate following WW II (Whiteley, 1984). In 1952, the Veteran's Administration created the position of counseling psychologist to assist veterans in their readjustment to society and to help them train for future careers.

Counseling psychologists are both scientists and practitioners of psychology (Gelso & Fretz, 1992). Counseling psychologists identify and build client strengths. Counseling psychologists tend to work in college and university settings, either in academic programs or counseling centers (Fitzgerald & Osipow, 1986). They also are employed in a wide variety of service and research settings including private practice, public schools, community mental health, prisons, businesses, employee assistance programs, drug and alcohol treatment centers, psychiatric hospitals and veterans administration medical centers.

It is expected that upon completing the Counseling Psychology program at NMSU, graduates will be involved in research and practice which promote: 1) enhancement of optimal human development, 2) prevention of personal and interpersonal problems through client education and training, and 3) assistance with the remediation of existing psychological problems. In addition to therapeutic functions, counseling psychologists make unique contributions to the research base of the field.

Division 17 of the American Psychological Association (APA) is the primary professional organization for Counseling Psychologists. The Counseling Psychologist and The Journal of Counseling Psychology are the two principal journals. Listed below are references prospective students may find helpful for developing a full understanding of the profession of counseling psychology.

Suggested Readings

COUNSELING PSYCHOLOGY DOCTORAL PROGRAM

Department Mission Statement
The Department of Counseling and Educational Psychology provides educational programming designed to prepare professionals in the fields of professional counseling, school counseling, school psychology, and counseling psychology. It is expected that CEP students will emerge from the Department's educational programs with professional competencies and interpersonal skills to enable them to work effectively with diverse populations in a variety of educational and community settings. This mission is accomplished by advancing an understanding of human behavior through teaching, research, and service. The Department promotes community outreach by developing positive working relationships with the public and private schools as well as other community institutions which can benefit from the professional competencies of the faculty and students.

Counseling Psychology Program at NMSU
The Counseling Psychology program at New Mexico State University is accredited by the American Psychological Association (For more information on accreditation contact the Office of Program Consultation and Accreditation, APA, 750 First Street, NE, Washington, DC 20002, 202.336.5979, http://www.apa.org/ed/accreditation). The program, housed within the College of Education, offers educational experiences in the foundations of scientific psychology (history and systems of psychology: biological, cognitive/affective, individual and social basis of behavior) as applied within the discipline of counseling psychology. The program is based on the scientist-practitioner model and stresses integration of theory, research, and practice. Through course work and supervised practice, students develop knowledge and skills in the following areas: appraisal; diagnosis; treatment planning; individual, family and group counseling, child and adolescent counseling; career counseling, addictions counseling, consultation and supervision. Course work on research design and statistics, combined with supervised independent research on professional projects and dissertations, refine students' research skills. As scientists, counseling psychologists possess the expertise to evaluate the degree to which clients are achieving their goals, and to conduct research increasing the body of knowledge on the theory and practice of counseling psychology.

The Counseling Psychology program at New Mexico State University fosters increased sensitivity to cultural diversity within our society. Cross-cultural components of theory, practice, and research are stressed in both course work and research opportunities. The ethics and standards of practice for psychologists are stressed throughout the program. Self-exploration through in-depth supervision and personal awareness activities are integral elements in classes and practica. Individuals admitted to the program are expected to maintain high standards of personal and professional conduct. Annual progress reviews for students in the program include not only consideration of academic performance, but also reviews of personal attributes that reflect upon students' ability to effectively and ethically function as professional counseling psychologists.

The knowledge base of counseling psychology forms the foundation of the program. This knowledge base is demonstrated in students' course work, experiences in psychological assessment, techniques of intervention, practicum placements, internship, qualifying and comprehensive examinations, and the doctoral dissertation. The required internship, 2,000 hours (preferably in an APA approved site), must be approved by the Director of Training and the Counseling Psychology Training Committee Faculty. The doctoral dissertation is an
empirical investigation which, when completed, adds to the knowledge base of counseling psychology. Dissertations may emphasize particular assessments, populations, and/or interventions. The dissertation is conducted under the supervision of the faculty advisor, who possesses expertise in the area being investigated.

The CEP faculty believe that the goals of the program strongly reflect both the definition and identity of counseling psychology, and that accomplishing the program goals empowers graduates to find success and fulfillment in the field of counseling psychology. Collegial learning manifested through mentorship opportunities, a strong commitment to the scientist-practitioner model, and extensive work and study in all areas relevant to the counseling psychology profession characterize the program. Some CEP graduates may choose to primarily engage in research, others service provision, and others teaching, but all will have been trained to be scientist-practitioners. The mission, goals, and objectives of the counseling psychology program are identified below so that prospective students may compare them with their own interests and aspirations.

**Counseling Psychology Program Mission Statement**

The NMSU doctoral program in Counseling Psychology is based on the Model Training Program in Counseling Psychology (Murdock, Alcorn, Heesacker, & Stoltenberg, 1998). Our philosophy in implementing this scientist-practitioner model stresses an integration of theory, research, and practice in a pluralistic society. The faculty are role models of psychology professionals who are actively involved in the integration of science and service. The program produces well-trained generalists who will meet the needs of the citizens of NM and the United States, through the use of thorough assessment, a variety of intervention modalities, and the dissemination of psychological knowledge from a developmental and multiculturally-sensitive perspective. Training occurs via a developmentally sequenced, multiculturally-focused curriculum of didactic coursework, experiential training, and graduate assistantships that expose the students to basic psychological foundations and specialized training in Counseling Psychology. Throughout all aspects of the program two qualities are instilled in our students: self-reflection and critical thinking (e.g. application of theory and hypothesis generation), particularly as these qualities relate to greater multicultural awareness and competence, and to optimal ethical decision-making and professional behavior.

**Goals of NMSU Counseling Psychology Program**

**Goal 1**: Produce well-trained generalists in applied psychology capable of competently utilizing a wide variety of assessments, modalities, and types of interventions; and in disseminating psychological information.

**Goal 2**: Nurture active learners and critical/scientific thinkers capable of integrative thinking, application of theory, hypothesis generation, and self-reflection.

**Goal 3**: Develop in students a contextual understanding of psychology and the environments in which they work and live so as to produce culturally-responsive, developmentally-aware, and strengths-based psychology professionals.

**Objectives of the NMSU Counseling Psychology Program**

**Objective 1**: Students will demonstrate current theoretical knowledge in each of the foundational areas of psychology and in the substantive area of Counseling Psychology.

**Objective 2**: Students will demonstrate proficiency in performing the three main functions of the scientist-practitioner: reviewing and applying research to one's practice, thinking and carrying
out one’s work scientifically, and doing research which contributes to the knowledge base of Counseling Psychology.

**Objective 3:** Having conceptualized diagnosis as a hypothesis-building process, students will demonstrate competency in psychological assessment by engaging in a multicultural and multi-method evaluation process.

**Objective 4:** Students will demonstrate the ability to counsel a diverse clientele with a variety of presenting problems employing multiple treatment modalities.

**Objective 5:** Students will utilize a developmental focus in conceptualizing and working with clients.

**Objective 6:** Students will develop an awareness of the sociocultural context of people’s development, psychological functioning and their interactions; and will utilize this awareness in their conceptualizations of self, others, and interpersonal interactions.

**Objective 7:** Students will disseminate psychological information to others.

**Objective 8:** Students will demonstrate optimal professional behavior, as exhibited in ethical behavior, professional involvement, attitudes of life-long learning, and effective interpersonal skills.

**Doctoral Curriculum**

The counseling psychology program at New Mexico State University is open to individuals who have completed a bachelor’s degree in Psychology, or a Masters degree in Counseling or a related specialty requiring equivalent course work. Please refer to the "Admissions Process" section for further details regarding differential admission requirements for Masters vs. Bachelor-level applicants.

**Please note: coursework or minimum competencies in the following areas will enhance an applicants’ ranking:**

- Counseling Practicum
- Counseling Theory & Technique
- Group Work Theory and Technique
- Human Development
- The Psychology of Multiculturalism
- Family Therapy Theory and Technique
- Career/Life Planning & Vocational Assessment
- Appraisal Theory and Technique
- Counseling Research & Statistics
- Diagnosis and Treatment Planning

**Counseling Psychology Doctoral Curriculum Listed by APA Accreditation Criteria**

**Biological aspects of behavior:**

CEP 579: Psychopharmacology, CEP 563: Primary Care Psychology, CEP 670: Behavioral Health Practicum.

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Cognitive aspects of behavior:

CEP 515: Learning Theory.

Affective aspects of behavior:


Social aspects of behavior:

CEP 517: Psychology of Multiculturalism, CEP 619: Psychology of Social Identities, CEP 677: Group Theory/Practicum.

History and systems of psychology:

PSY 540: History and Systems of Psychology.

Psychological measurement:

CEP 511: Edumetrics, CEP 647: Appraisal of Intelligence, CEP 648: Appraisal of Personality.

Research design and methodology:


Data analysis:


Individual Differences:


Human Development:


Dysfunctional Behavior or Psychopathology:

CEP 5/651: Diagnosis and Treatment Planning.
Professional standards and ethics:

CEP 622: Ethical/Professional Issues in Counseling Psychology, all Intervention courses (see below).

Assessment and diagnosis:

CEP 648: Appraisal of Personality, CEP 5/651: Diagnosis and Treatment Planning, CEP 5/647: Appraisal of Intelligence, all Intervention courses (see below).

Intervention:

CEP 673: Counseling Psychology Theory/Practicum; CEP 677: Group Work Theory/ Practicum; CEP 670: Behavioral Health Practicum; CEP 678: Advanced Counseling Psychology Practicum; CEP 680/682: Counseling Psychology Internship.

Consultation:

CEP 679: Supervision Theory and Practicum.; CEP 670: Behavioral Health Practicum

Supervision:

CEP 679: Supervision Theory and Practicum.

Evaluating Interventions:

CEP 673: Counseling Psychology Theory/Practicum; and CEP 677: Group Work Theory/Practicum.

Cultural Diversity:

CEP 517: Psychology of Multiculturalism, and CEP 619: Psychology of Social Identities, and it is addressed in most courses to some degree.

Attitudes Essential for Lifelong Learning, Scholarly Inquiry, and Professional Problem-solving

CEP 622: Ethical/Professional Issues in Counseling Psychology, and all practica and internship.

Specialty Areas/Modalities:


Research

Students take seven courses specifically aimed at the development of research skills. A student desirous of rapid progress through the doctoral program should begin dissertation planning at the earliest possible date. Students begin background research in support of their dissertations.
by working with their adviser or a research team during their first year in the program. This work culminates in students contributing to a publishable manuscript which is completed before the end of their second Fall semester in the program. Students also present this research at a Graduate Research Symposium the Department sponsors each year. Completion of this paper or presentation is required for completion of the Qualifying Procedure.

Students are encouraged to begin formal planning of the dissertation proposal early. Most students and advisors work efficiently by pursuing some modification of the following model: First, the student identifies some broad area of research interest in common with the advisor. It is important that students choose dissertation topics which fall within their advisor’s areas of interest and expertise. The student and advisor begin to develop a research question (this phase may consist of relatively informal conversation, and ”brainstorming”). At some point, the advisor will request a written document; for example, a brief Dissertation Proposal (two pages or so) which consists of an abstract, a specific question, and an outline of a relevant design. Oral and written feedback from the advisor is provided to sharpen both the question and design. The end point of this interchange between student and advisor is a formal Dissertation Proposal that both the student and the advisor agree is suitable for presentation to the Doctoral Committee. For all research papers students are required to use the most recent edition of the Publication Manual of the American Psychological Association in preparing the Dissertation Proposal.

Practica
Six practica (18 credits) are required of doctoral students. Students take practica in the following sequence: CEP 673 Counseling Psychology Theory/Practicum, CEP 677 Group Work Theory/Practicum, CEP 678 Advanced Counseling Psychology Practicum (two semesters at an approved training site), CEP 679 Supervision Theory/Practicum, and CEP 670 Behavioral Health Practicum. Development of competence in practica is of critical importance in the program. If students need additional time to develop skills in any one of the practica, faculty may recommend they prolong or repeat that practicum before progressing to the next practicum in the sequence. Because of the extensive clinical involvement students are required to have liability insurance throughout the program. Student insurance is available through APA for a nominal fee. In addition a one-time user fee ($50) for funding of the training center equipment/overhead will be assessed at the time of the first practicum.

Each practicum involves students in a minimum of 150 hours, resulting in students completing 900 hours of supervised experience prior to beginning their internships. The total number of direct service/contact hours is currently 370 hours. It is recommended that students obtain additional direct service hours through Field Experiences in the community and/or enroll for additional hours in the CEP 698 Field Experience in Counseling Psychology.

Internship
The Ph.D. program in counseling psychology includes a post-practicum, full-time equivalent of one calendar year internship. Students are expected to seek internships accredited by the American Psychological Association (APA). Students are encouraged to check requirements at potential internship sites early, in order to make themselves competitive for those positions. Candidates’ internship assignments must be approved by the Director of Training in conjunction with the Counseling Psychology Training Committee Faculty. The doctoral internship is available only to doctoral students who have successfully completed their comprehensive examination and defended a dissertation proposal. Students are required to enroll in twenty credits of Internship in Counseling Psychology during their internship year.
APA Approved Internship Placements Attended by CEP Students

Alexandria Mental Health Center, Alexandria, VA
Appalachian State University, Counseling & Psychological Services, Boone, NC
Arizona State University, Counseling & Consultation, Tempe, AZ
Austin State Hospital, Austin, TX
Ball State University, Counseling Center, Muncie, IN
Bowling Green State University Counseling Center; Bowling Green, OH
Brigham Young University Counseling Center; Provo, UT
Carl T. Hayden VA Medical Center, Phoenix, AZ
Central California Psychology Internship Consortium, Fresno, CA
Child and Family Guidance Center, Northridge, CA
Cleveland Department of Veterans Affairs Medical Center, Cleveland, OH
Colmery-O’Neil VA Medical Center, Topeka, KS
Community Mental Health Center, Spokane, WA
Community Reach Center, Thornton, CO
Dallas Consortium, Dallas, TX
Dallas Independent School District, Dallas, TX
Denver Health Center, Denver, CO
Department of Veterans Affairs, Harry S. Truman Mem. Vet. Hosp., Columbia, MO
Department of Veterans Affairs, Reno NV
Department of Veterans Affairs Medical Center, Nashville, TN
District of Columbia Department of Mental Health, Washington, DC
Eastern Kansas VA, Topeka, KS
El Paso Psychology Internship Consortium, El Paso, TX
Federal Bureau of Prisons, Federal Correctional Institution, Tallahassee, FL
Georgia State University, Counseling Center, Atlanta, GA
Illinois State University, Student Counseling Center, Normal, IL
Iowa State University, Student Counseling Service, Ames, IA
James Quillen VA, Mountain Home, TN
Kansas State University, University Counseling Services, Manhattan, KS
Lackland Airforce Base, San Antonio, TX
Memphis State University, Center for Student Development, Memphis, TN
Metropolitan State Hospital, CA
Michigan State University, Counseling Center, East Lansing, MI
Northeastern Oklahoma Psychology Internship, Vinita, OK
Palo Alto Health Care System Veteran Affairs; Palo Alto, CA
Pennsylvania State University Counseling Center, State College, PA
San Antonio Health Sciences Center, San Antonio, TX
Santa Ana College, Santa Ana, CA
Southern Arizona Psychology Internship Consortium, Tucson, AZ
Southern Arizona VA, Tucson, AZ
Southern Illinois University, Counseling Center, Carbondale, IL
Southwest Consortium NMVAHC, Albuquerque, NM
State of Illinois, Department of Mental Health
Texas Women’s University, Denton, TX
Texas State University Counseling Center, San Marcos, TX
Texas Tech University, Counseling Center, Lubbock, TX
The University of Memphis, Counseling Center, Memphis, TN
Towson State University, Counseling Center, Towson, MD
University of Akron Counseling Center, Akron, OH
University of Arizona, Student Counseling Service, Tucson, AZ

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Progress Through the Program

Doctoral study within the Department of Counseling and Educational Psychology necessitates full-time and continuous study. There are also a number of criteria students need to meet as they progress through the program. Listed below are the major criteria students need to meet, followed by a schedule of classes and activities that students typically follow. Additional information on each of the steps and the course work is provided in the Doctoral Handbook which is available from the department.

Students will do the following in order to graduate:

1. Successfully complete 9-15 graduate hours per each Fall and Spring semester
2. Qualify for doctoral study by completing a qualification procedure during the Fall semester of their 2nd year. This requires that they earn a 3.0 GPA separately in practica (CEP 673 & 677), and research/statistics course work (CEP 511, 632, 636, EDUC 576), (students may be asked to repeat course work in these areas if faculty believe further development is needed), and completing a research presentation or a manuscript under the direction of their faculty advisor.
3. Obtain a grade of B or better in each class, as well as competency ratings of 2 or better, by professors in each class.
4. Decide on a dissertation topic which incorporates the student's interests and the advisor's expertise, and choose their doctoral committee in consultation with advisor.
5. Submit an approved comprehensive portfolio and successfully pass the oral exam.
6. Complete a dissertation proposal and have it approved by the doctoral committee.
7. Obtain placement in an APA-accredited or APPIC-equivalent internship.
8. Complete the dissertation working with the faculty advisor and graduate committee.
9. Pass a final examination which includes defense of the dissertation.
10. Successfully complete the internship.
**Important Program Statistics (Fall 2011)**

**Time to Degree Completion for doctoral students over the last 7 years (n = 32):**

Mean: 5.17 years  
Median: 5.02 years  
< 5 years: n = 17  
5 years: n = 9  
6 years: n = 0  
7 years: n = 2  
> 7 years: n = 4

**Internships Match Rate over the last 7 years:**

Applied for Internship: n = 43  
Obtained an Internship: n = 40; 93%.  
Of these 40 that obtained an internship  
Obtained a paid internship: n = 40, 100%  
Obtained only an APPIC member internship: n = 4; 9%  
Obtained an APA/CPA accredited internship: n = 30; 69%  
Obtained a two-year, half-time internship: n = 0; 0%

**Licensure of Graduates**

Number of graduates since 2003 is 41 - Number of graduates in the last 2 years is 9 = 32  
potential applicants for licensure  
Licensed: n = 32; 78%  
Not yet licensed: n = 9; 22%

**Program Costs**

Full-time Student tuition & fees: $8,385.00 per year for NM residents.  
Tuition per credit hour: $279.50 per credit for NM residents.  
Note: All students are guaranteed an “out-of-state” tuition waiver, and therefore only have to pay in-state tuition rates.

**Additional Program fees:**

Total Estimate of $234 ($45 clinic fees, $75 assessment fees, $35 degree application fee, $79 dissertation binding fee for 3 copies).

**Assistantship Information:**

All students are guaranteed a 10 hr/wk assistantship for fall and spring semesters for the three years they are on campus. Additional GA hours/funding is usually provided.

**Additional information:**

- Graduate assistant fellowships and tuition-waiver fellowships are available through the Graduate School.  
- The curriculum is scheduled so that the student completes 3 years of coursework on campus with the fourth year being on internship. The curriculum is the same regardless of whether one enters with a Bachelors or Masters degree.  
- Number of courses that potentially can be waived if similar courses have been taken in a MA program are 13 (course waiver forms and review are required for each class).
### Attrition over last 7 years

<table>
<thead>
<tr>
<th>Year of first enrollment</th>
<th>Number of students enrolled</th>
<th>Number and percentage who graduated with a doctorate</th>
<th>Number and percentage of students still enrolled in program</th>
<th>Number and percentage of students no longer enrolled for any reason other than graduation</th>
</tr>
</thead>
<tbody>
<tr>
<td>2007-2008 (or the 7th year for which data available)</td>
<td>6</td>
<td>n=5; 83%</td>
<td>n=1; 17%</td>
<td>n=0, 0%</td>
</tr>
<tr>
<td>2008-2009</td>
<td>6</td>
<td>n=1; 17%</td>
<td>n=4; 66%</td>
<td>n=1; 17%</td>
</tr>
<tr>
<td>2009-2010</td>
<td>6</td>
<td>n=3, 50%</td>
<td>n=3, 50%</td>
<td>n=0, 0%</td>
</tr>
<tr>
<td>2010-2011</td>
<td>6</td>
<td>N/A</td>
<td>n=6; 100%</td>
<td>n=0; 0%</td>
</tr>
<tr>
<td>2011-2012</td>
<td>6</td>
<td>N/A</td>
<td>n=6; 100%</td>
<td>n=0, 0%</td>
</tr>
<tr>
<td>2012-2013</td>
<td>6</td>
<td>N/A</td>
<td>n=5; 83%</td>
<td>n=1, 17%</td>
</tr>
<tr>
<td>2013-2014 (or most recent year for which data are available)</td>
<td>7</td>
<td>N/A</td>
<td>n=7; 100%</td>
<td>n=0, 0%</td>
</tr>
</tbody>
</table>
## SCHEDULE FOR COUNSELING PSYCHOLOGY STUDENTS

<table>
<thead>
<tr>
<th>Year</th>
<th>Semester</th>
<th>Course and Activities</th>
</tr>
</thead>
</table>
| **Year One** | Summer | CEP 5/612, Human Development***  
CEP 517, Psychology of Multiculturalism  
Doctoral Student Orientation/Teaching of Teaching Seminar |
|        | Fall     | CEP 511 Edumetrics***  
CEP 5/651 Diagnosis and Treatment Planning***  
CEP 622 Ethical/Professional Issues in Counseling Psychology  
CEP 673 Counseling Psychology Theory/Practicum |
|        | Spring   | CEP 636 Advanced Educational Measurement & Statistics***  
CEP 5/652 Career Life Planning & Vocational Assessment***  
CEP 677 Group Work Theory/Practicum  
CEP 632 Counseling Psychology Research  
Select a doctoral committee in consultation with advisor |
| **Year Two** | Summer | CEP 5/656 Addictions Counseling***  
CEP 619 Psychology of Social Identities (odd years) |
|        | Fall     | CEP 647 Appraisal of Intelligence***  
EDUC 576 or CEP 634 Qualitative Research  
CEP 678 Advanced Counseling Psychology Practicum  
CEP 579 or NURS 597 Clinical Psychopharmacology*** (even yrs.)  
Multicultural Research Symposium Paper Submitted  
File a program of study |
|        | Spring   | CEP 648 Appraisal of Personality***  
CEP 637 Multivariate Research Procedures & Analyses  
CEP 678, Advanced Counseling Psychology Practicum  
CEP 693 Educational Experimentation |
| **Year Three** | Summer | CEP 562 Family Therapy Theory and Technique***  
CEP 515 Learning Theory*** (even years) |
|        | Fall     | CEP 679 Supervision Theory and Practicum  
PSY 540 History and Systems of Psychology*** (odd yrs.)  
CEP 563 Primary Care Psychology  
CEP 700 Dissertation Proposal (4 credits)  
Comprehensive Examination  
Dissertation Proposal  
Apply for Internship placement:  
- APPI Form  
- Practicum logs  
- Dissertation timeline |
|        | Spring   | CEP 670 Behavioral Health Practicum  
CEP 5/658 Child and Adolescent Counseling***  
CEP 700 Dissertation (4 credits) |
| **Year Four** | Fall     | CEP 680 Internship in Counseling Psychology (9 credits)  
CEP 700 Dissertation (5 credits) |
|        | Spring   | CEP 680 Internship in Counseling Psychology (9 credits)  
CEP 700 Dissertation (5 credits) |
|        | Summer   | CEP 682 Internship in Counseling Psychology (2 credit) |

GRADUATE!!
**CEP INTERIM DEPARTMENT HEAD**

**Elsa Arroyos**, Ph.D. (The University of Iowa)

**Professional Affiliations**
Associate Professor
McNair Scholar; Nationally Certified School Psychologist

**Teaching**
Theory and practice of school psychology, assessment, educational psychology

**Research**
Traumatic brain injury in school age-children and multicultural competency in school psychology training and practice

Email:  elsaj@nmsu.edu

**Recent Publications**


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**DIRECTOR OF TRAINING**

**Eve M. Adams**, Ph.D. (The Ohio State University)

**Professional Affiliations**
Associate Professor
Licensed Psychologist (OH & NM)
Editorial Board — Training and Education in Professional Psychology
Principal Investigator – HRSA GPE Grant for Integrated Behavioral Health in Primary Care Settings

**Teaching**
Advanced Doctoral Practicum, Supervision Practicum, Art & Science of Mindfulness

**Research**
Multicultural identity, mindfulness-based interventions, supervision & training issues, gay & lesbian issues, women’s issues, and integrated behavioral health.

Email:  eadams@nmsu.edu

**Recent Publications**


**Role of Director of Training**
The Director of Training is the chair of the Counseling Psychology Training Committee and is responsible for:

- Maintaining contact with APA regarding accreditation, including completing the annual report.
- Maintaining documentation of student’s records, practicum evaluations, and logs.
- Chairing the accreditation process and serving as the representative to the APA accreditation site team.
- Coordinating training policies and providing information to students and faculty regarding national trends in counseling psychology.

**CEP FACULTY**

**Hsiu-Lan Cheng**, Ph.D. (University of Missouri – Columbia)

**Professional affiliations**
Assistant Professor, Licensed Psychologist (MI)
APA Divisions 17, 45, and 35
Asian American Psychological Association
Society for Psychotherapeutic Research
2012-2015 Editorial Board, *The Counseling Psychologist*

2009 Named “Principal Reviewer” 2009, for number and quality of ad hoc peer reviews provided to the *Journal of Counseling Psychology*

**Teaching**
Counseling Psychology Research, Diagnosis and Treatment Planning, Addictions Counseling

**Research**
Racial/Ethnic disparities in psychological help-seeking; Ethnic/cultural factors in mental health

Email: hlcheng@nmsu.edu

**Recent Publications**


33(1), 72-97.

**Heejung Chun, Ph.D. (The University of Missouri)**

**Professional Affiliations**
Assistant Professor

**Teaching**
Legal and Ethical Issues in School Psychology, School Psychology Research, Practicum in School Psychology I, & Consultation

**Research**
Adolescent problem behaviors, risk and protective factors, resilience, acculturation, and immigrant paradox, cultural adjustment in school settings, and prevention

Email: chun@nmsu.edu

**Recent Publications**

**Ginger Dickson, Ph.D. (The University of Iowa)**

**Professional Affiliations**
Assistant Professor
National Certified Counselor

**Teaching**
Counseling Theories and Techniques, Counseling Practicum, Professional Issues in Mental Health Counseling

**Research**
Counselor training, supervision, and development, development of multicultural counseling competencies, issues of diversity and social justice, career development, enhancing school-belonging among Hispanic adolescents.

Email: gmdickson@nmsu.edu

**Recent Publications**
success of Latino students: Practical applications for school counselors. *Vistas.*


**Endina García-Vázquez**, Ph.D. (The University of Iowa)

**Professional Affiliations**

Professor

Associate Dean/Deputy Director of the Physical Sciences Laboratory

Licensed Psychologist (IA)

President-Elect of NM Assoc. of School Psychology, Associate Editor - Trainer's of School Psychology "Forum"

President-elect Phi Kappa Phi - NM Chapter.

**Teaching**

Learning Theory

**Research**

Social, emotional and cultural factors of academic success, acculturation in children and adolescents, assessment strategies with diverse populations, intervention techniques

Email: evazquez@nmsu.edu

**Recent Publications**


López, E. J., Ehly, S., & García–Vázquez, E. (2002). Acculturation, social support and academic...


**Lisa Grayshield**, Ph.D. (University of Nevada – Reno)

**Professional Affiliations**
Assistant Professor

**Teaching**
Counseling Research, Organization and Administration of School Programs, Theory and Technique for the School Psychologist

**Research**
Indigenous ways of knowing
Email: lgray@nmsu.edu

**Recent Publications**


**Daubney Harper**, Ph.D. (New Mexico State University)

**Professional affiliations**
College Associate Professor
APA Division 38
Collaborative Family Health Care Association

**Teaching**
Primary Care Psychology, Behavioral Health Practicum
Integrated Primary Care (IPC) Psychology at La Clinica de Familia, a Federally Qualified Health Center & the Southern New Mexico Family Medicine Residency

**Research**
Border Health, Workforce Development in IPC, Cultural Responsiveness Training in Medical Residency
Email: dharp83@nmsu.edu

**Recent Publications**
Tracie Hitter, Ph.D. (New Mexico State University)

Professional affiliations
Assistant Professor, Licensed Psychologist (MI)
APA Divisions 5, 17, 35

Teaching
Beginning counseling theory and practicum, appraisal of personality

Research
Identity and self-concept, sexuality and sexual satisfaction, supervision and training.

Email: tlhitter@nmsu.edu

Recent Publications

David Holcomb, Ph.D. (New Mexico State University)

Professional Affiliations
Assistant Professor
Coordinator of NMSU Community Mental Health & Wellness Clinic
Licensed Psychologist in NM

Teaching
Career/Life Planning and Vocational Assessment

Email: dholcomb@nmsu.edu

Anna Lopez, Ph.D. (The University of Texas at San Antonio)

Professional affiliations
Assistant Professor

Teaching
Qualitative Research Methods, Counseling Practicum, Counseling Internship

Research
Primary area of research revolves around Social Justice and Advocacy issues specifically related to understanding the experiences of undocumented immigrants and their families in respect to deportation and undocumented status. Other research interests include Multicultural/ Bilingual counseling and supervision, body image, and eating disorders.

Email: annalo@nmsu.edu

Recent Publications


Ivelisse Torres-Fernandez, Ph.D. (The University of Iowa)

**Professional Affiliations**
- Assistant Professor
- Practicum and Internship Coordinator for School Psychology Program
- National Association of School Psychologists (NASP)
- New Mexico Association of School Psychologists (NMASP)
- American Counseling Association (ACA)
- National Latino/a Psychological Association (NLPA)

**Teaching**
- Human Development;
- Appraisal of Cognitive Functioning;
- Counseling Children and Adolescents;
- Counseling Theory and Technique for School Psychologists;
- Diagnostic Classification in Schools;
- Advanced Practicum in School Psychology

**Research**
- Social-emotional learning, resilience, bilingual supervision, multicultural issues, social justice, group counseling

Email: itfernan@nmsu.edu

**Recent Publications**

Michael Waldo, Ph.D. (University of Utah)

**Professional Affiliations**
- Professor, Licensed Psychologist (MT & NM)
- Author of more than 45 journal publications, two books, thirteen book chapters, and 95 national convention presentations.
Fellow in the American Psychological Association and American Counseling Association.

**Teaching**
Individual/family/group counseling and consultation/ supervision, professional issues, research

**Research**
Relationship Enhancement prevention and therapy, group work, spouse abuse counseling.
Email: miwaldo@nmsu.edu

**Recent Publications**

**OTHER PROGRAM FACULTY**

**Gladys De Necochea**, Ph.D (University of California, Santa Barbara).
Associate Dean of the College of Education and Associate Professor
Specialization/Interests: Student Affairs, Organizational Consulting, Supervision
Email: gdenecoc@nmsu.edu

**Luis A. Vázquez**, Ph.D. (The University of Iowa)
Dean of the Graduate School, Professor, Licensed Psychologist (IA)
Assoc. Editor of Journal of Multicultural Counseling and Development; Interdivisional Pipeline Project of APA—Division 45 Representative; Program Chair of National Multicultural Summit III.
Research: Phenotype, acculturation and identity development, bilingual ethics
Email: lvazquez@nmsu.edu

**CEP STAFF**

**Alma Gross.** Administrative Assistant
Email: algross@nmsu.edu

**Jeanette Jones.** Program Coordinator
Email: jjjones@nmsu.edu

Revised October 2013
OTHER PROGRAM CONTRIBUTORS

Maria Arizaga, Ph.D. (New Mexico State University)
NMSU Counseling Center Training Director; Licensed Psychologist
Supervisor for CEP 678

Carol Fonseca, M.S., (University of Illinois at Urbana-Champaign)
NMSU Counseling Center Psychology Resident
Supervisor for CEP 678

O.D. Hadfield, Ed.D. (Northern Arizona University)
Associate Professor in Curriculum Instruction
Instructor for CEP 511, CEP 636, and CEP 637

Joey Hannah, Ph.D., (University of Florida)
NMSU Counseling Center Licensed Psychologist
Supervisor for CEP 678

Marlin Hoover, Ph.D. (University Of Chicago)
Behavioral Health Faculty; Licensed Psychologist in IN and NM
Supervisor for CEP 670

Igor Dolgov, Ph.D. (Arizona State University)
Assistant Professor in Department of Psychology
Instructor for PSY 540

Karen Schaefer, Ph.D. (University of Illinois at Urbana-Champaign)
NMSU Counseling Center Director; Licensed Psychologist
Supervisor for CEP 678

Jonathan Schwartz, Ph.D. (New Mexico State University)
NMSU College of Education Associate Dean
Advisor, Instructor for CEP 622

Brian Sneed, Ph.D. (Brigham Young University)
UTEP Counseling Center Staff Psychologist
Supervisor for CEP 678

Sherri Terrell, Ed.D. (Western Michigan University)
Director of UTEP Counseling Center, Licensed Psychologist
Supervisor for CEP678

Corey Vas, Ph.D., (Iowa State University)
NMSU Counseling Center Staff Psychologist
Supervisor for CEP 678, Instructor for CEP 504 and CEP 550

Revised October 2013
ADMISSIONS APPLICATION PROCESS

Apply to the NMSU Graduate School by completing the online application.

The CEP department processes doctoral applications once a year. Online applications must be complete by December 15 to be considered for the following summer enrollment. Students are expected to begin the program in Summer Session II (around July 4th). In order to apply to the program, the following steps are required.

1. One unofficial transcript from each college or university previously attended.
2. An unofficial copy of your GRE report that you received from ETS. The scores must be from the last 5 years. (There is no required minimum GRE score for admission. GRE Code for NMSU is R4531).
3. Your most current curriculum vitae.
4. A letter of intent, requesting admission to the Counseling Psychology doctoral program. This letter should give a sense of who you are and the ways in which the NMSU Counseling Psychology Program will meet your professional goals.
5. A sample of your recent undergraduate or graduate writing that demonstrates utilization of research (e.g., citing current research in a course paper) or conducting original research (e.g., senior or master’s thesis or professional publications).
6. The names and contact information of three (3) recommenders who will provide a letter of reference concerning your competency to complete doctoral level work. These recommenders should be former instructors and counseling supervisors.

Applications may be strengthened by submitting additional evidence of aptitude for graduate study (for example, reprints or other publications, grant proposals, relevant work samples, or additional support letters).

At least one interview will be required of finalists. This could include individual and/or group interviews. While students are encouraged to come visit the campus in order to get a better sense of the area and program, applicants may request to be interviewed through a series of conference calls.

Various non-objective admissions criteria are weighed as follows:

- Letter of Intent
- Letters of recommendation
- On-campus interview/phone interview
- Previous research activity
- Counseling experience
- Extracurricular activities

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<thead>
<tr>
<th>Criteria</th>
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<tr>
<td>Letter of Intent</td>
<td>High</td>
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<td>Letters of recommendation</td>
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<td>On-campus interview/phone interview</td>
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<td>Previous research activity</td>
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<td>Counseling experience</td>
<td>Medium</td>
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<td>Extracurricular activities</td>
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• Related public service
• Teaching experience

Additional information can be obtained by visiting the program website at the following address: http://education.nmsu.edu/cep/phd/application_process.html or contacting the Coordinator of Doctoral Admissions: Tracie Hitter, Ph.D. at: tlhitter@nmsu.edu, 575-646-2121.

Admissions Criteria for Masters- vs. Bachelors-level Applicants
MA/MS applicants should have a minimum GRE Analytic Writing score of 3.5 and a minimum Graduate GPA of 3.3. MA/MS applicants should have a graduate degree in Counseling or a related field. Bachelors level applicants should have a minimum undergraduate major GPA of 3.4 and minimum GRE Analytic Writing score of 4. Bachelors level applicants should have an undergraduate degree in Psychology or a related degree.

Recruitment of Culturally Diverse Applicants
In 2004 our doctoral program was presented with the APA Richard Suinn Award for the Recruitment and Retention of the Ethnic Minority Students. New Mexico State University is committed to increasing the enrollment and professional representation of culturally diverse students. A wide variety of cultures, nationalities, and ethnic groups are currently represented at NMSU. Minority students make up one-half of the university student body. NMSU faculty and staff value the university's diverse student population and strive to promote both academic and personal growth in every student.

New Mexico State University has consistently provided support services for minority students and has had an affirmative action plan in place for many years. Since 1988, a university-wide committee has developed specific strategies to further increase the number of minority students and faculty. Some of the minority recruitment and retention programs currently operating at the graduate level include: Ronald E. McNair Program (funded by the U.S. Department of Education); The Minorities Biomedical Research Support Program (funded by the National Institutes of Health); Minority Access to Research Careers Program (funded by the National Institute of Health); Commission on Higher Education Minority and Women Fellowships (funded by the Commission on Higher Education); and The Minority Doctoral Assistance Loan Program (funded by the state with matching funds from NMSU).

In 2013, our doctoral program was awarded Scholarships for Disadvantaged Students for Primary Care Behavioral Health Training. The purpose of the project is to increase the number of disadvantaged and underrepresented minority students in the discipline of counseling psychology (CP) to provide integrative, comprehensive primary care in medically underserved communities (MUCs). This goal will be obtained by providing financial support for disadvantaged and underrepresented minority students to engage in coursework and practical experiences in which trainees learn about and work collaboratively with underserved populations in New Mexico. Las Cruces is located in Dona Ana County, which has been designated as both a Primary Care and Mental Health HPSA. This SDS HRSA grant will help to recruit and retain doctoral students in the APA accredited Ph.D. Program in CP at New Mexico State University (NMSU), who will be involved in the interdisciplinary HRSA Graduate Psychology Education grant with primary care sites located in Las Cruces.
Valuing Diversity Training Statement
Self-exploration through in-depth supervision and personal awareness activities are integral elements in classes and practica. Individuals admitted to the program are expected to maintain high standards of personal and professional conduct. Annual progress reviews for students in the program include not only consideration of academic performance, but also reviews of personal attributes that reflect upon students' ability to effectively and ethically function as professional counseling psychologists. In particular, the training values of the NMSU counseling psychology program reflects the Model Training Program Values on Diversity that were approved by the counseling psychology training organizations. For a copy of the statement go to: http://www.ccptp.org/trainingdirectorpage6.html.

Demographics of Doctoral Students
The Counseling Psychology doctoral program has a current enrollment of 37 students, of which 27 (73%) are female and 10 (27%) are male. There are 20 (53%) ethnic minority students currently enrolled in the program, and 7 students (24%) are gay, lesbian, or bisexual. In 2004 we were awarded the APA Richard Suinn Award for the Recruitment and Retention of the Ethnic Minority Students for excellence and recruitment of ethnic minority in doctoral students in psychology. Forty-four percent of our program faculty or contributors are ethnic minorities; 15% are gay, lesbian or bisexual; and 63% are women.

The department annually reviews approximately 80 completed applications and makes offers to approximately 12 students each year until our six slots are filled (acceptance rate of 15%). During the past seven years, only two students have left the program, resulting in a 5% attrition rate.

International Student Applications
Applicants from other countries or individuals who live in the U.S. but are not American citizens are required to apply first to the International Student Admission Program of the university. International students can access this form from their website address: http://prospective.nmsu.edu/international/apply/index.html. If you are unable to access the online application, you may request one be mailed to you by emailing ias@nmsu.edu. For more information, call 575-646-2736.

As part of the NMSU undergraduate and graduate admissions process, students submitting foreign post-secondary level transcripts are required to have their credentials evaluated by a recognized member of the National Association of Credential Evaluation Services: http://www.naces.org/members.htm. NMSU requires a Comprehensive Course by Course evaluation be completed by the credentialing service for each foreign institution the student has attended. Evaluations and transcripts received directly from the credentialing service will be accepted as official documents. Foreign post-secondary transcripts that have not been evaluated will be not be accepted by the Office of University Admissions.

Students for whom English is not their native language are required to submit an official score for the Test of English as a Foreign Language (TOEFL) or the International English Language Testing System (IELTS). The required TOEFL score for regular NMSU admission to graduate degree programs is 79 on the iBT or 550 on the paper-based test. The required IELTS scores for regular NMSU admission is 6.5 for graduate applicants.
Rules of Acceptance of Offers for Admission and Financial Aid

In 1965, the Council of Graduate Schools in the United States, supported by 317 universities and colleges and by the directors of four granting agencies, both public and private, passed the following resolution:

Acceptance of an offer of financial aid (such as graduate scholarship, fellowship, traineeship, or assistantship) for the next academic year by an actual or prospective graduate student completes an agreement which both student and graduate school expect to honor. In those instances in which the student accepts the offer before April 15, and subsequently desires to withdraw, the student may submit in writing a resignation of the appointment at any time through April 15. However, an acceptance given or left in force after April 15 commits the student not to accept another offer without first obtaining a written release from the institution to which a commitment has been made. Similarly, an offer by an institution after April 15 is conditional on presentation by the student of the written release from any previously accepted offer. It is further agreed by the institutions and organizations subscribing to the above Resolution that a copy of this Resolution should accompany every scholarship, fellowship, traineeship and assistantship offer.

In 1981, the Council of Graduate Departments of Psychology (COGDOP) modified the resolution regarding offering and accepting financial aid after April 15:

An acceptance given or left in force after April 15 commits the student not to solicit or accept another offer. Offers made after April 15 must include the provision that the offer is void if acceptance of a previous offer from a department accepting this resolution is in force on that date. These rules are binding on all persons acting on the behalf of the offering institution.

In November 1988, the Board of Directors of COGDOP passed the following motion:

That the currently prevailing procedures dealing with the offering and acceptance of financial aid are intended to cover graduate admissions as well as offers of financial aid. To protect candidates against the need to make premature decisions, graduate programs should allow applicants until April 15 to make final decisions.

The CEP Department at NMSU complies with the stated policy of the Council of Graduate Departments of Psychology.

Financial Aid

The CEP department has a minimum of 18 half-time assistantships available. Current stipends are listed in the Graduate Catalog. Doctoral students are allotted a minimum of 10 hours per week assistantship during their first three years in the program. During their first year students’ assistantships typically are dedicated to assisting faculty in teaching. During their second year students’ assistantships typically focus on independent teaching, assisting faculty in teaching graduate level courses, and/or program administration. During their third year in the program doctoral students typically have supervisory assistantships, independent teaching and/or program administration (for example, independent teaching of an introductory counseling course and administration of the Department’s training clinic). Award of a graduate assistantship makes the student immediately eligible for in-state tuition.

It is strongly recommended that doctoral applicants to the CEP doctoral program file a “Free Application For Federal Student Aid” (FAFSA), which can be found at http://www.fafsa.ed.gov/. The application process will determine your eligibility for financial aid programs available to
graduate students at New Mexico State University. It is important that you apply for financial aid as soon as possible after January 1 when the FAFSA forms are available. Due to the large number of graduate students applying for financial aid, it is strongly recommended that your financial aid forms be completed before March 1, since some of the programs are based on availability of funds granted through the federal financial aid programs and are based on a first come, first served basis.

There are also Scholarships for Disadvantaged Students that any Ph.D. students who are full-time (this includes students on internship) and meet low-income criteria are eligible for up to $15,000/year for the next 3 years. Half of the money is to cover tuition costs and the rest can cover other living expenses.

Additional information on student loans and part-time employment is available on request from the Financial Aid Office.

**University and Department Facilities**

The Department of Counseling and Educational Psychology is housed in the College of Education in Suite 205, O'Donnell Hall. Most classes are taught in O'Donnell Hall and courses are offered during daytime and evening hours. The department has three conference rooms that can be used for smaller classes and doctoral committee meetings (e.g., comprehensive exam, dissertation proposal). To reserve these rooms contact Alma Gross or one of the student workers in the main office.

The department maintains a Counseling and School Psychology Training and Research Center with excellent facilities for supervised counseling and supervision-of-supervision. The Training Center consists of rooms used for counseling, paperwork and consultation, supervision/observation rooms, testing, and research. Four of the rooms are set up for digital recording. These rooms have one-way mirrors, microphone-speakers for live supervision and headsets for supervisors to listen-in on sessions. One room is designed for group work, and includes a large dry-erase work board. One of the rooms serves as the office for the Graduate Student Testing Coordinators. Another room serves as the office for the Training Center Coordinators. Equipment including laptops with web-camera capabilities are available as needed for supervision outside of the Training Center.

The Graduate Student Lounge is located in O'Donnell Hall 223. It is open to all graduate students as a place to congregate. It offers a public lounge area with couch, lockers, and a table. It also contains a work area with computers and monitors. Graduate students gather here to discuss classes and study. One of the benefits of the lounge is in providing an open environment for students to work and socialize. Lockers are available to students for secure storage of books and other materials.

NMSU has two libraries with total library holdings of books or monographs are 1,823,296, and 4,402 periodical subscriptions. The library holdings specifically include 141 journals in the subject of psychology, including *The Counseling Psychologist*, the *Journal of Counseling Psychology*, and the *American Psychologist*. The library provides access to counseling and psychology research literature through PsycINFO and PsycARTICLES. The latter provides full text access to 93 journals published by the American Psychological Association and other publishers. Students can gain access to the entire DSM-IV library, as well as 6 scholarly journals through the Psychiatry Online databases. The library also provides students online access to 61,480 full text periodicals. The library has thousands of books relating to psychology, including 1,200 electronic books devoted to psychology subjects.
Life in Las Cruces
Las Cruces is located in southwestern New Mexico, 50 miles from El Paso-Juarez. The Las Cruces area is well known for the majestic Organ Mountains, White Sands National Monument, and the Rio Grande River that winds its way through fields of chile, cotton, and pecan orchards. The mild climate allows for year round swimming, golf, backpacking, and other outdoor activities. Cultural events include a Renaissance Arts & Crafts Festival, The Whole Enchilada Festival, Diez-y-Seis de Septiembre celebrations, Mariachi Conference, and a variety of events sponsored by the American Southwest Theatre Company and the Las Cruces Symphony.

Las Cruces, hometown of the university and New Mexico’s second largest city, blends Latino, American Indian, European-American and African American cultures in its colorful city life. Desert landscape, the Rio Grande river, high forested mountains, and the proximity of the U.S.-Mexico border contribute to the rich multicultural ambience of the region.

Housing
Housing for students includes a variety of options. Residence halls are designed as double occupancy suites that are fully furnished. The Vista del Monte Apartment Complex is made up of individual efficiency duplexes, and two or four bedroom apartments. Student family housing consists of two-story townhouse apartments or single story two bedroom homes. Specially equipped residence hall rooms, apartments, and family housing units are available for students with disabilities. For more information on graduate student housing, checking out the housing website: http://www.nmsu.edu/~housing/graduate/qualifications.html. Off campus housing is plentiful and reasonably priced throughout the Las Cruces area. The cost of living is below the national average.

Job Placements Sites Obtained by Our Graduates
- Private Practice
- Mental Health Agencies
- Academic Positions
- University Counseling Centers
- Health Maintenance Organizations
- Medical Centers
- Public Schools
- Correctional Facilities

In Summary, “Why NMSU?”
- Excellent generalist training with lots of training opportunities.
- A majority of the faculty has been recognized with university or national organization teaching awards and/or research awards.
- Extensive multicultural opportunities including bilingual supervision. We received the APA Suinn Award on the recruitment and retention of ethnic minority students.
- Recipient of a HRSA Graduate Psychology Education Program grant that allows our students to be trained to provide Behavioral Health interventions in primary care medical settings with family practice residents and MSW students.
- NMSU is a Hispanic-serving institution
- NMSU is listed as one of the “Best Buys” in the country for tuition expenses
- Students consistently acquire desirable internships
- You don’t need to own an umbrella